



## **Michelle A. Spring, MD, FACS**

### **Curriculum Vitae**

#### **Credentials**

Dr. Spring has earned extensive educational and professional credentials, including:

- B.S. with distinction in Biochemistry and Molecular Biology from University of Wisconsin, Madison
- Doctor of Medicine, University of Wisconsin, Madison (*Alpha Omega Alpha*)
- 5-year Integrated Plastic Surgery Residency at University of Wisconsin, Madison
- Aesthetic Surgery Fellowship with Dr. Grant Stevens at Marina Plastic Surgery
- Interplast (now ReSurge) Webster Fellowship
- Board-Certified by the American Board of Plastic Surgery
- Member of American Society of Plastic Surgeons (ASPS)
- Member of the American Society for Aesthetic Plastic Surgery (ASAPS)
- Past Adjunct Clinical Assistant Professor of Surgery, Keck School of Medicine of USC
- Injector Trainer, AestheticSafe Resident Training Program

Dr. Spring is also active and on committees with the American Society of Plastic Surgeons (ASPS), the American Society of Aesthetic Plastic Surgery (ASAPS), and is up to date with Maintenance of Certification (MOC) through the American Board of Plastic Surgery (ABPS).

#### **Awards**

- Woman of Outstanding Leadership - International Women's Leadership Association
- America's Top Surgeons-Consumer Research Council of America
- Los Angeles Top Rated Doctors
- Patient's Choice Award
- Compassionate Doctor Award
- Super Doctors Southern California Super Doctors Rising Star
- Alpha Omega Alpha Medical Honor Society
- Phi Kappa Phi Honor Society
- University of Wisconsin-Madison Honors Program

#### **Media Appearances**

- Inside Edition
- Good Morning America
- Nip Tuck Radio



- Mommy MD Guides
- eHealth Radio
- PlasticSurgerySmartBrief.com
- abc7news

## Publications

In addition, Dr. Spring has authored and co-authored many peer-reviewed professional journal articles and book chapters, and she has presented educational lectures and research results internationally. She has been interviewed on public and network television about cosmetic and reconstructive plastic surgery.

1. **Spring MA**, Bentz ML. Cutaneous Vascular Lesions. In: Gramick M, ed. *Plastic Surgery Clinics* 2005.
2. **Spring MA**, Mount D. Pediatric Feeding Disorder and Growth Rate Decline Following Mandibular Distraction Osteogenesis. *PRS* August 2006.
3. **Spring MA**, Bentz ML. Pediatric Vascular Anomalies. In: Bentz ML, Bauer B, Zuker R, eds. *Principles and Practice of Pediatric Plastic Surgery*. Quality Medical Publishing; St. Louis, MO, 2008 (127-151).
4. **Spring MA**, Gutowski KA. Venous Thromboembolism in Plastic Surgery Patients: Survey Results of ASPS Members. *Aesthetic Plastic Surgery Journal*, September 2006; 26:5(522-529).
5. Stevens, WG, **Spring MA**, Stoker DA, Holloway J, Weintraub M, Stevens WG. Office-Based Plastic Surgery with General Anesthesia: Efficiency of Cost and Time. *Seminars in Plastic Surgery*, August 2007; 21(99-101).
6. Stevens WG, **Spring MA**, Freeman ME, Stoker DA, Hirsch EM. A Review of 100 Secondary Augmentation Mastopexies. *Aesthetic Surgery Journal*, September-October 2007; 27:5(485-492).
7. Stevens WG, **Spring MA**, Stoker DA. Ten Years of Outpatient Abdominoplasties: Safe and Effective. *Aesthet Surg J*, May-June 2007; 27:3 (269-275).
8. Stevens WG, Gear AJ, Stoker DA, Hirsch EM, Cohen R, **Spring MA**, Vath SD, Schantz ST, Heck RT. Outpatient Reduction Mammoplasty. An Eleven-Year Experience. *Aesthet Surg J* March 2008; 28:2 (171-179).



9. Stacey DH, **Spring MA**, Breslin TM, Rao VK, Gutowski DA. Exploring the Effect of the Referring General Surgeon's Attitudes on Breast Reconstruction Utilization. *Wisconsin Medical Journal*, September 2008; 107:6 (292-297).
10. Stevens WG, Pietrzak LK, **Spring MA**. Broad Overview of a Clinical and Commercial Experience with CoolSculpting. *Aesthet Surg J*. Aug 2013 1;33(6):835-46.
11. Stevens WG, **Spring MA**, Macias LH. Counterfeit Medical Devices: The Money You Save Up Front Will Cost You Big in the End. *Letter to the Editor, Aesthet Surg J*. July 2014: (online 1-3).
12. Stevens WG, Macias LH, **Spring M**, Stoker DA, Chacon CO, Eberlin SA. One-Stage Augmentation Mastopexy: A Review of 1192 Simultaneous Breast Augmentation and Mastopexy Procedures in 615 Consecutive Patients. *Aesthet Surg J*. June 2014 34:723, originally published online May 2014.
13. **Spring MA**, Macias LH, Nadea M, Stevens WG. Secondary Augmentation-Mastopexy: Indications, Preferred Practices, and the Treatment of Complications" *Aesthet Surg J*. July 2014; 34:1018.
14. Nadeau MH, Gould DJ, Macias LH, **Spring MA**, Stevens WG. Superior Pedicle Technique of Reduction Mammoplasty: A Stepwise Approach. *Aesthet Surg J*. January 2015; 35(1)94-104).
15. **Spring MA**, Hartmann EC, Stevens WG. Strategies and Challenges in Simultaneous Augmentation Mastopexy. *Clinics in Plastic Surgery*. (Article in Press).
16. **Spring MA**, Hartmann EC, Stevens WG. Neligan Plastic Surgery 4e: Breast Volume, Chapter 7: 1 and 2 stage considerations for augmentation mastopexy. (Book chapter in Press).

## **Presentations:**

1. **Spring MA**, Mount D. *Pediatric Feeding Disorder and Growth Rate Decline Following Mandibular Distraction Osteogenesis*. Presented at American Cleft Palate-Craniofacial Association, March 15-20, 2004.
2. **Spring MA**, Mount D. *Postoperative Changes In Growth Rate and Feeding After Mandibular Distraction Osteogenesis*. Presented at Midwest Association of Plastic Surgeons, May 1-2, 2004.
3. **Spring MA**, Gutowski KA. *Deep Vein Thrombosis and Pulmonary Embolus Prophylaxis, an ASPS Physician Member Survey*. Presented at Midwest Association of Plastic Surgeons, April 23-24, 2005.



4. **Spring MA**, Gutowski KA. *Deep Vein Thrombosis and Pulmonary Embolus Prophylaxis, an ASPS Physician Member Survey*. Presented at Wisconsin Society of Plastic Surgeons Meeting, May 13, 2005.
5. **Spring MA**, Gutowski KA. *What is Plastic and Reconstructive Surgery? A Survey in the Age of Reality TV*. Presented at Senior Resident's Conference, March 22-25, 2006.
6. **Spring MA**, Gutowski KA. *Venous Thromboembolism in Plastic Surgery Patients: Survey Results of ASPS Members*. ASAPS, April 20-25, 2006.
7. **Spring MA**, Gutowski KA. *What is Plastic and Reconstructive Surgery? A Survey in the Age of Reality TV*. Presented at Midwest Association of Plastic Surgeons, April 28-30, 2006.
8. **Spring MA**, Stevens WG, Freeman ME, Stoker DA, Hirsch EM. *A Review of 100 Secondary Augmentation Mastopexies*. American Society of Aesthetic Plastic Surgeons meeting, New York City, April 19-24, 2007.
9. **Spring MA**, Stoker DA, Stevens WG. *Ten Years of Outpatient Abdominoplasties: Safe and Effective*. American Society of Aesthetic Plastic Surgeons meeting, New York City, April 19-24, 2007.
10. **Spring MA**, Stevens WG, Freeman ME, Stoker DA, Hirsch EM. *A Review of 100 Secondary Augmentation Mastopexies*. Electronic presentation, 19<sup>th</sup> Biennial Congress of ISAPS, Melbourne, Australia; February 10-13, 2008.
11. **Spring MA**, Stoker DA, Stevens WG. *Ten Years of Outpatient Abdominoplasties: Safe and Effective*. Electronic presentation, 19<sup>th</sup> Biennial Congress of ISAPS, Melbourne, Australia; February 10-13, 2008.
12. **Spring MA**, Stevens WG. "Myth Busters: Non-Surgical Body Contouring". ASPS Conference, San Diego, Oct 2013.
13. **Spring MA**. "What Makes or Breaks Being a Plastic Surgery Employee or Partner"; "Professional Fulfillment: What's Important". ASAPS Resident's Symposium, Dallas, TX, Sept. 2016.